



BIZ Q&A

Arvin Hassanpour

The CQC registered practitioner and aesthetic nurse prescriber behind Revitalise SkinCare Clinic

Revitalise SkinCare Clinic is a Care Quality Commission (CQC) registered medical aesthetic clinic providing non-surgical aesthetic treatment solutions founded by Arvin Hassanpour in 2013. The clinic's key treatments include wrinkle reduction injections (botox), dermal fillers, non-surgical face lift with PDO threads, prescription skincare for acne, rosacea and hyperpigmentation, mole and skin tag removal, hyperhidrosis treatment (excessive sweating) and advanced laser hair removal.

How would you describe Revitalise SkinCare Clinic's philosophy?

Our philosophy is to achieve the best for our patients through safe, high-quality services and acting in their best interests.

Tell us a bit about your career history

I am a registered general nurse with years of experience working for the NHS as a sister in operating theatres and intensive care units in the UK and Scotland. It was during this time that I developed a real interest in

medical aesthetics and went on to train extensively in aesthetic medicine and became an independent nurse prescriber, working for one of the UK's leading cosmetic surgery companies.

What was one of the biggest lessons you took away from your time in the NHS?

Working as a sister and team leader in the operating theatres gave me valuable experience working under pressure whilst managing a team. NHS hospitals are CQC registered, which gave me the knowledge and high standards of care that I have implemented into our clinics.

When did Revitalise come to be?

In 2013 I achieved my dream and founded my first Revitalise SkinCare Clinic in Trowbridge, which has gone from strength to strength, gaining a first-class reputation for our work and patient care. Most recently I have opened the second clinic in the heart of Bath, which has been a goal of mine since opening the first.

How do you think your NHS experience has influenced

Revitalise SkinCare Clinic?

We went through the long process of becoming CQC registered complying to many regulations and I am proud to say that we are one of very few CQC registered medical aesthetic clinics in the UK. I hope this is reassuring for patients to know.

What are the advantages of coming to a specialist like yourself over going to the GP?

GPs who specialise in dermatology would only address issues with skin that cause concern as they occur. This means they do not include preventative lifestyle advice or skin care routines for problematic skin conditions, or look at the underlying causes. Mole and skin tag removal are considered cosmetic so patients have to go to the private sector. At Revitalise SkinCare Clinic we have the technology to remove them without skin excisions and little downtime.

What happens when you book a procedure?

A full consultation is one of the most important parts of the patient's journey at Revitalise SkinCare Clinic. Patients should undergo a full

"I AM PROUD TO SAY WE ARE ONE OF THE FEW CQC REGISTERED MEDICAL AESTHETIC CLINICS"

consultation prior to any treatment to receive education about the treatment, discuss concerns, find out medical history and consider the most beneficial and safest options. Ongoing aftercare is also very important.

What are your most popular treatments?

Revitalise is always busy with wrinkle reduction injections and dermal filler treatments, but we are now receiving more requests for skin booster injections, with patients seeking a natural and subtle improvement to the quality of their skin.

What's one of your personal favourite treatments?

Tear Trough Treatment for males and females. Otherwise known as hollow under eye treatment, it restores volume loss under the eyes with specially licensed hyaluronic acid dermal fillers, creating a more rested, refreshed and revitalised appearance. This treatment is very specialised, but in the hands of a very experienced injector can make a huge difference to a patient's overall look and life. I have been performing this treatment for many years now and I am very happy with our signature technique – the results speak for themselves.

Has the pandemic changed the kinds of treatments people are seeking?

With work Zoom calls becoming the new normal, we have noticed a huge increase in new patients presenting with skin concerns. Acne treatments such as our Medical Dermalux LED light and chemical peels are very popular right now.

What are some of your skincare top tips?

The most important thing you can do for your skin is to wear a medical grade SPF every single day. Vitamin C is important for fighting against free radical damage, and retinol is key for promoting skin cell turnover. These are my three must have products for skin health.

For more: Revitalise SkinCare Clinic, Flat 1, Lombard House, St James Parade, Bath; www.revitaliseskincareclinic.co.uk